

WHOLE SCHOOL P.E CURRICULUM OVERVIEW 2019-2020

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2
Reception	Introduction to PE. Moving in different ways.		Dance		Gymnastics		Multi skills-throwing and catching.		Games		Athletics
YEAR 1	Multi-skills – ball skills. Throwing and catching		Gymnastics- Moving, balancing.		Athletics		Dance		Multi-skills – taking aim. Throwing and catching with targets.		Multi-skills – Inventing point scoring games.
YEAR 2	Multi-skills – dribbling, tackling and hitting.		Dance		Gymnastics - Routines (balance, movement and heights.		Gymnastics Rolls and jumping.		Athletics Relays		Multi-skills – batting.
YEAR 3	Swimming	Multi-skills	Swimming	Gymnastics	Swimming	Dance	Swimming	Games	Swimming	Athletics	Striking and field games – rounders
YEAR 4	Batting and Field games - Cricket		Gymnastics Working at height		Dance		Invasion games - Netball		Invasion games – Netball		Athletics Distance running and hurdles.
YEAR 5	Invasion games - Basket ball		Orienteering		Gymnastics		Dance		Multi-skills – Invention – point scoring games.		Invasion games - Hockey
YEAR 6	Invasion games – football		Gymnastics		Dance		Racket games – Badminton/ Tennis		Athletics Competitive relays		Swimming