

## Writing

Draw a picture of a character from one of your bedtime stories that you have recently read.

Can you practice writing your name? If you are unsure how to form the letters, click on the link below to help.

[https://www.youtube.com/channel/UCg\\_q6YX1y3DG8Ttu\\_7mJ12Q](https://www.youtube.com/channel/UCg_q6YX1y3DG8Ttu_7mJ12Q)

Why not use water and a paintbrush and practice your letters on the outside wall? This will help your fine motor control as well as help to write the letters.

Why not ask a grown up to help make some playdough?

You can then practice actions- splat, roll, make a ball, pinch, stretch. This will help strengthen your finger muscles to help you get ready for writing.

### Playdough Recipe

Makes 1 coloured ball

Prep 10 minutes

You will need

- 8 tbsp plain flour
- 2 tbsp table salt
- 60ml warm water
- food colouring
- 1 tbsp vegetable oil

## Method

1. Mix the flour and salt in a large bowl. In a separate bowl mix together the water, a few drops of food colouring and the oil.
2. Pour the coloured water into the flour mix and bring together with a spoon.
3. Dust a work surface with a little flour and turn out the dough. Knead together for a few minutes to form a smooth, pliable dough. If you want a more intense colour you can work in a few extra drops of food colouring.
4. Store in a plastic sandwich bag (squeeze out the air) in the fridge to keep it fresh.