

November 2020,

Dear Parents and Carers,

We have an increasing number of pupils in our school who have nut and peanut allergies. Anaphylaxis (allergic reaction) can occur as a result of **digestion**, **inhalation** or **any other contact** with nut-based products, particularly peanuts. For their safety, all nut and peanut based products have been banned from the school premises.

From this point forward, please do not send your child into school with any products containing nuts or peanuts for packed lunch – this includes products that may contain traces of nuts or traces of peanuts.

Potential allergens could include the following:

- Spreads, e.g. chocolate spread
- Cereal bars
- Some types of biscuit containing nuts
- Condiments, e.g. satay sauce
- Cakes containing nuts
- Some snack pots containing nuts

It is important that you check the labelling of food products before sending your child in to school with them – it is not always apparent that products contain nuts or traces of nuts.

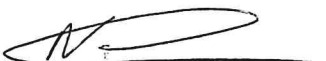
We also ask that, if your child consumes any nut-based product before school, they wash their hands thoroughly and rinse their mouth before entering the school grounds. We understand that these measures may seem extreme; however, we want to ensure the health and safety of all our pupils, and some of the pupils with the allergy are severe enough that even the slightest of contact with nuts and particularly peanuts, could cause a severe and potentially life-threatening reaction.

Due to the severity of the allergy, if any pupil is found with a peanut or nut-based product after this letter has been distributed, the school will confiscate it and contact parents immediately. The product will be returned to you at the end of the day by a member of staff.

We appreciate that this is a change for all but it is vital that we minimise the risk of anaphylaxis as much as possible for these children, in order to keep them safe.

Thank you in advance for your cooperation with this matter.

Yours Sincerely



Mr N Lamorte

Head of School,